

They take on the task enthusiastically. They know what wonderful traits their daughters have. And girls name positive traits in their mothers. We should do this more. The girls and women shine more brightly when they are affirmed in this way. The image you see here is a "Wordle collection created with the positive qualities that were listed in



a recent mother-daughter workshop.

What positive qualities to the girls and women in your life exhibit? I urge you to share those qualities with the "owner" of the traits. The girl or woman will likely perk up and become even more fabulous. It reminds me of one of my favorite Henri Nouwen quotes, "Where we keep claiming the light, we will find ourselves becoming more and more radiant."

I've seen this strategy work and I think we could use more radiant people in the world. Try it, it's likely to enhance your life and ripple out into the world as well.